

**Clark All-in-One provides:**

- Support for physical and mental well-being
- A healthy energy boost
- Essential nutrient support
- Simple once-a-day dosing

**What you get:**

- ALL Vitamins, minerals, trace elements and plant extracts in optimal dosage
- High-quality amino acids for organic protein control
- A wide-range of plant-based antioxidants
- Natural immune support
- Optimal nutrient distribution thanks to our available formulation
- Carefully controlled raw materials
- No sugar, gluten, artificial flavoring or coloring, or preservatives

**Suggested Use:** Adults: One scoop daily (approx 20 g). Scoop is inside.

For best results, blend thoroughly with a shaker so the powder is evenly distributed.

**For a sweet treat:**

Add it to your smoothie or fruit juice.

**For the coffee lover:**

Mix it in with your iced coffee or latte.

**For the health conscious:**

Add to any type of milk, whey, or yogurt.

**For the purist:**

Use just fresh water without additional taste influences.

**Cautions:** Dietary supplements should not replace a balanced diet. Do not use past expiration date printed on label. Do not exceed recommended daily intake. Store at room temperature. Keep away from children.

# Clark All-in-One 600 g

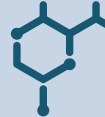
Dietary Supplement/Food Supplement



**Vitamins**



**Minerals**



**Amino Acids**



**Plant Extracts**



**Enzymes**



**Dr. Clark Research Association**  
**Dr. Clark Zentrum**  
[www.drclark.com](http://www.drclark.com)

## Nutrition Facts

30 Servings per container

Serving size 1/4 cup ( approx. 20 g)

Amount per serving

**Calories 70**

% Daily Value\*

<b>Total Fat</b> 1.5 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	0%
<b>Cholesterol</b> 0 g	0%
<b>Sodium</b> 75 mg	3%
<b>Total Carbohydrate</b> 9 g	3%
Dietary Fiber 6 g	24%
Total Sugars Less than 1 g	
<b>Protein</b> 5 g	10%
Vitamin C (ascorbic acid) 566 mg	943%
Vitamin D3 (ergocalciferol/ cholecalciferol) 15 mcg	100%
Calcium 411 mg	41%
Iron 3 mg	17%
Potassium 410 mg	12%

\* % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredient	Amount per serving	Ingredient	Amount per serving
Acai extract	50 mg	MSM (as methylsulfonylmethane)	500 mg
Acerola extract	50 mg	Niacin (as inositol hexanicotinate) (B3)	77 mg
Aronia extract	50 mg	OPC from Grape Seed extract	30 mg
Astaxanthin complex	6000 µg	Potassium (Potassium Citrate)	400 mg
Beet root	100 mg	Probiotic powder	250 mg
Biotin (B7)	340 µg	Guercetin	50 mg
Broccoli (organic)	500 mg	Resveratrol 50%	10 mg
Calcium (as Calcium Citrate)	256.88 mg	Rice Protein Powder (organic)	5 g
Pantothenic Acid (as Calcium pantothenate) (B5)	50 mg	Rutin	10 mg
Calcium Ascorbate	800 mg	Saw Palmetto extract	50 mg
Choline (as Choline Bitartrate)	10 mg	Selenium (as Sodium Selenite)	200 µg
Chromium (amino acid chelate)	80 µg	Tomato Powder	10 mg
Citrus Bioflavonoids	70 mg	Turmeric Root ( <i>Curcuma longa</i> )	600 mg
Coconut Oil (organic)	2000 mg	Vanilla powder	1.5 g
Copper (Amino Acid Chelate)	1 mg	Vitamin A (Vitamin A palmitate )(Natural Beta Carotene)	900 mcg
Cranberry fruit	50 mg	Vitamin B1 (Thiamine HCL)	40 mg
Folic acid (as L-Methyl folate) (B9)	800 µg	Vitamin B12 (Methylcobalamin)	500 µg
Ginkgo extract	50 mg	Vitamin B2 (Riboflavin)	50 mg
Green Tea extract 45% EGCG	50 mg	Vitamin B6 (Pyridoxine HCL)	15 mg
Guar Gum	750 mg	Vitamin D (Cholecalciferol)	2000 IU
Hesperidine	15 mg	Vitamin E (D-Alpha Tocopherol Acetate)	200 IU
Kale (organic)	500 mg	Vitamin E (Tocotrienol Complex)	20 mg
L-Lysine	200 mg	Vitamin K1	100 µg
Lutein 10%	20 mg	Vitamin K2	100 µg
Magnesium (Magnesium Citrate) (Magnesium Oxide)	418 mg	Zinc (Amino Acid Chelate)	20 mg
Manganese (Amino Acid Chelate)	2 mg	Black Pepper	5 mg
Monk fruit	300 mg	Beta Glucane	200 mg

Distributed by Dr. Clark Research Association  
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